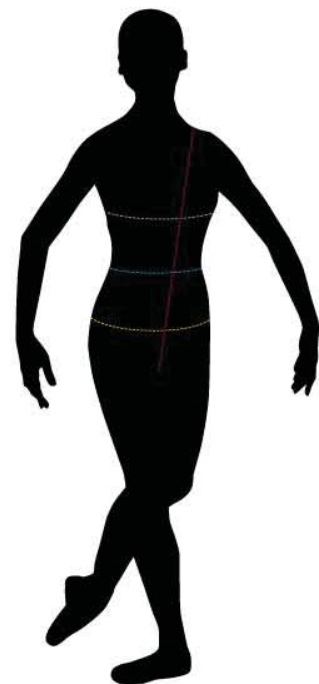
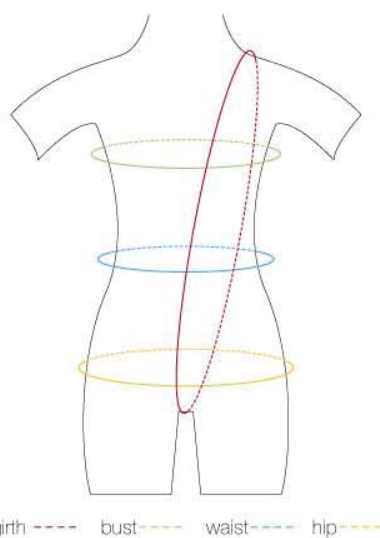
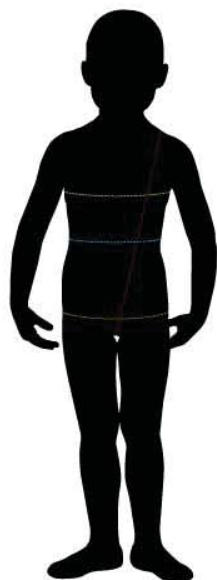
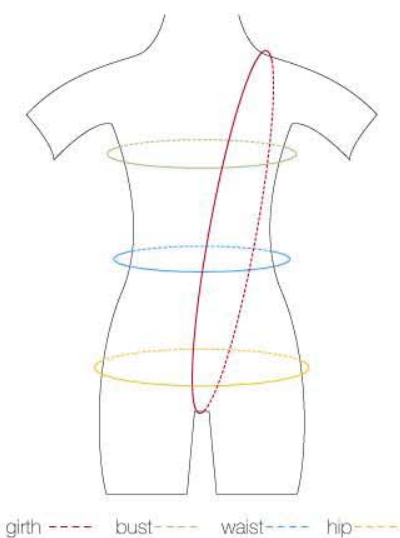


Girls Sizing

Ladies Sizing



All measurements are in inches unless otherwise indicated.

GIRLS SIZE CHART

	2-4	4-6 (CHP)	6x/7 (CHS)	8-10 (CHM)	12 (CHL)	14
CHEST	20"-21"	21"-23"	23"-25"	25"-27"	27"-29"	29"-31"
WAIST	18"-19"	19"-21"	21"-22"	22"-23"	23"-25"	26"-28"
HIP	21"-23"	23"-25"	25"-27"	27"-29"	29"-31"	31"-33"
GIRTH	32"-35"	36"-39"	40"-43"	44"-47"	48"-51"	52"-55"
INSEAM	18"-20"	20"-22"	22"-24"	24"-26"	26"-28"	28"-30"

LADIES SIZE CHART

	Petite (P)	Petite Tall/ Long (*P)	Small (S)	Small Tall/ Long (*S)	Medium (M)	Medium Tall/ Long (*M)	Large (L)	Large Tall/ Long (*L)	X Large (XL)	X Large Tall/ Long (*XL)
BUST	30"-32"	30"-32"	32"-34"	32"-34"	34"-36"	34"-36"	36"-38"	36"-38"	38"-40"	38"-40"
WAIST	22"-24"	22"-24"	24"-26"	24"-26"	26"-28"	26"-28"	28"-30"	28"-30"	30"-32"	30"-32"
HIP	33"-35"	33"-35"	35"-37"	35"-37"	37"-39"	37"-39"	39"-41"	39"-41"	41"-42"	41"-42"
GIRTH	55"-57"	57"-59"	57"-59"	59"-61"	59"-61"	61"-63"	61"-63"	63"-65"	63"-65"	65"-67"
INSEAM	30"-34"	33"-36"	30"-34"	33"-36"	30"-34"	33"-36"	30"-34"	33"-36"	30"-34"	33"-36"

* A Style in Tall or Long will have a 'T' or 'L' at the end of the style number.

MENS SIZE CHART

	X Small (XS)	Small (S)	Medium (M)	Large (L)	X Large (XL)
CHEST	33"-35"	35"-37"	37"-39"	39"-41"	41"-43"
WAIST	26"-28"	28"-30"	30"-32"	32"-34"	34"-36"
INSEAM	31"-35"	31"-35"	31"-35"	31"-35"	31"-35"

BLOCH®

BODYWEAR FIT GUIDE

Women					
	Extra Small (XS)	Small (S)	Medium (M)	Large (L)	Extra Large (XL)
Bust	30–32 in	32–34 in	34–36 in	36–38 in	39–41 in
Waist	22–24 in	24–26 in	26–28 in	28–30 in	31–33 in
Hips	32–34 in	35–37 in	37–39 in	39–41 in	41–43 in
Girth	54–56 in	57–59 in	59–61 in	61–63 in	62–65 in
Size	2–4	4–6	8–10	10–12	14–16

Women Plus Sizes			
	1X	2X	3X
Bust	44–46 in	46–48 in	49–51 in
Waist	35–37 in	37–39 in	40–42 in
Hips	46–48 in	48–50 in	51–53 in
Girth	64–66 in	66–68 in	68–70 in
Size	16–18	18–20	22–24

Children					
	Tots (T)	Small (S)	Intermediate (I)	Medium (M)	Large (L)
Chest	20–21 in	22–23 in	24–25 in	26–28 in	29–31 in
Waist	19–20 in	20–21 in	21–23 in	23–25 in	26–28 in
Hips	21–23 in	23–25 in	25–27 in	27–29 in	30–32 in
Girth	35–38 in	39–42 in	43–46 in	47–50 in	50–53 in
Size	2–4	4–6	6–8	8–10	12–14

Men								
	Youth Medium (YM)	Youth Large (YL)	Small (S)	Medium (M)	Large (L)	Extra Large (XL)	2XL	3XL
Chest	28–30 in	30–32 in	34–36 in	36–38 in	38–40 in	40–42 in	42–44 in	44–46 in
Waist	25–26 in	26–28 in	28–30 in	30–32 in	32–34 in	34–36 in	36–38 in	38–40 in
Inseam	26 in	28 in	28 in	30 in	32 in	34 in	36 in	38 in

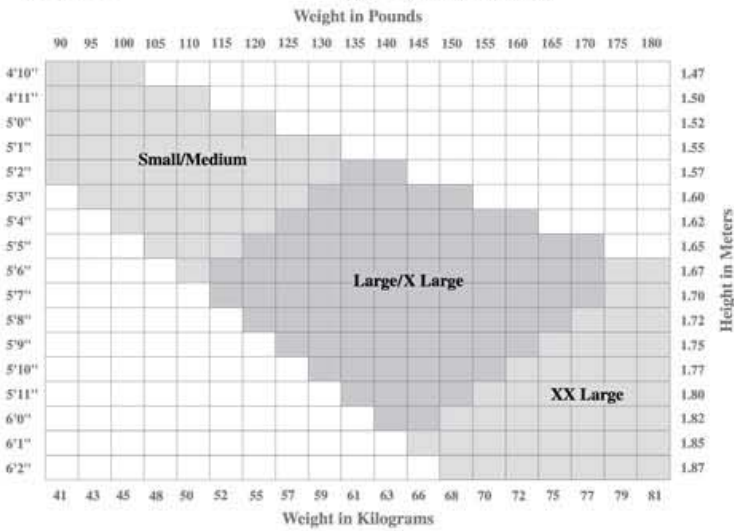
Size charts are for general fitting only and will vary according to individual products. 3XL sizes available in Style 5935 only.



TIGHTS FIT GUIDE

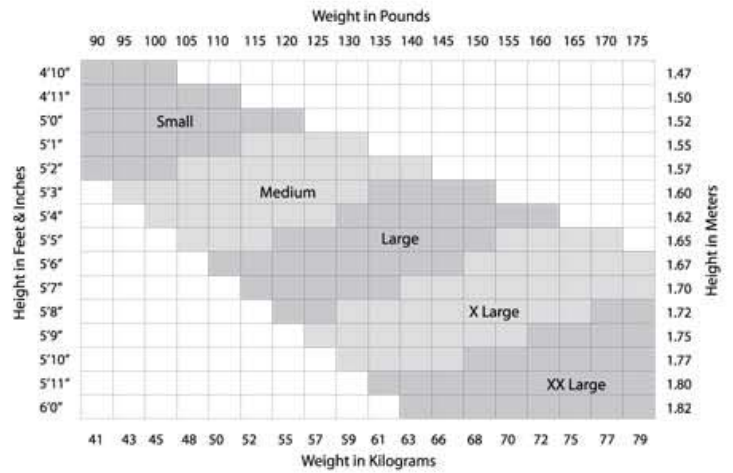
Women's

- Ultra Soft
- Mesh
- Microfiber
- Professional Fishnet
- Studio Basics
- Studio Basics Fishnet



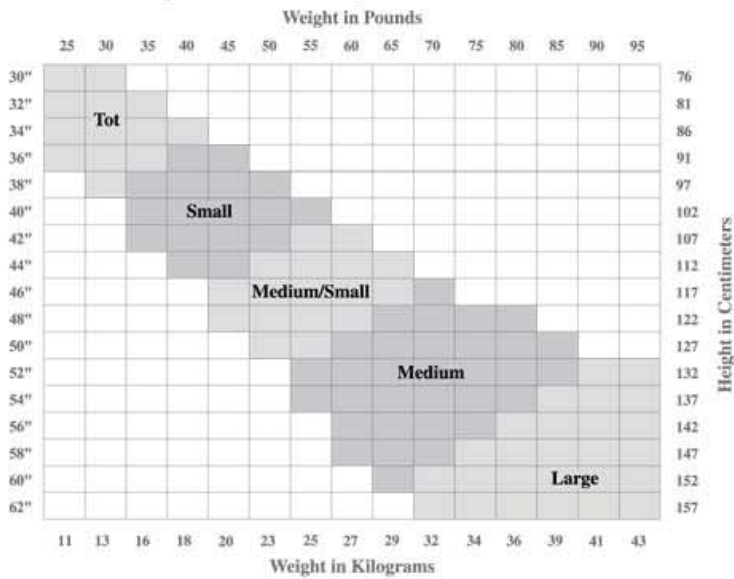
Women's

- Hold & Stretch®
- Ultra Shimmery
- Skating



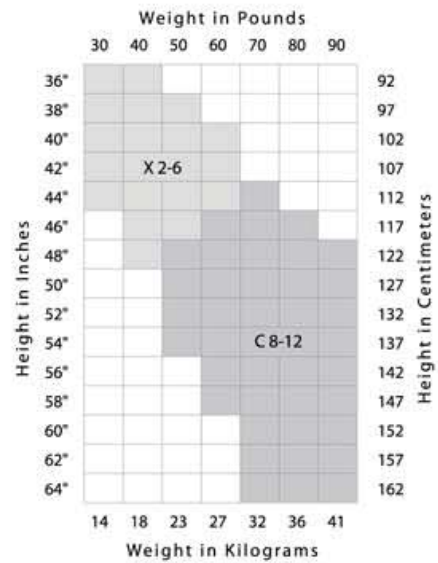
Children's

- Hold & Stretch®
- Ultra Shimmery
- 100% Nylon
- Skating

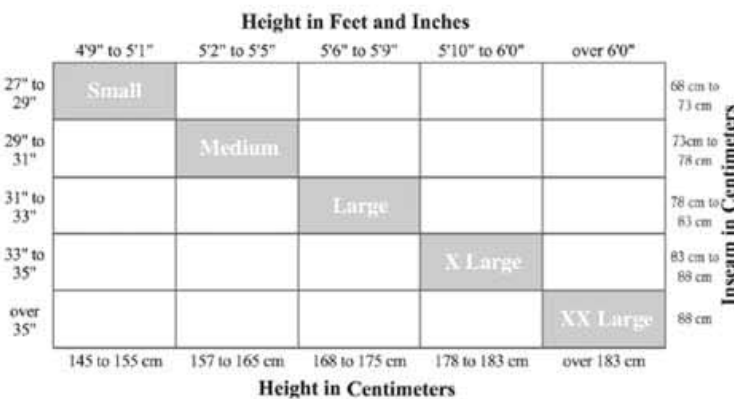


Children's

- Ultra Soft
- Studio Basics
- Mesh
- Studio Basics Fishnet

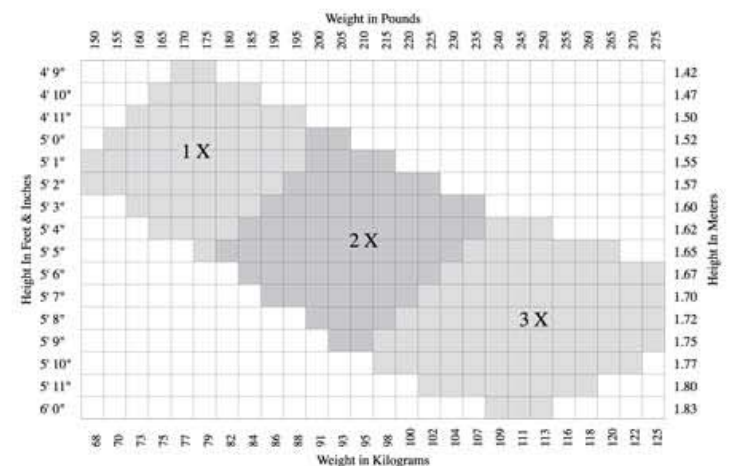


Men's



Women's Plus Sizes

- Hold & Stretch® Plus



Size charts are for general fitting only and will vary according to tight products.



Measurement Guide:

Bust: Measure over the fullest part of the bust.

Waist: Measure your waist at the thinnest point.

Hip: Measure your hips at the fullest part of your bottom at the top of your leg.

Energetiks Child Garment Size Chart - TO FIT:



	XXS	XS	S	M	L	XL
AGE (YEARS)	3	5	7	9	11	13
HEIGHT (CM)	95	115	125	135	145	155
CHEST (CM)	54	59	64	69	74	79
WAIST (CM)	53	56	58	61	63	66
HIP (CM)	59	64	69	74	79	83

* Front Lined Leotards = please go up a size.



Energetiks Ladies Garment Size Chart - TO FIT:



	XS	S	M	L	XL	XXL
Australian Sizes	8	10	12	14	16	18
BUST (CM)	83	88	93	98	103	108
WAIST (CM)	65	70	75	80	85	90
HIP (CM)	93	98	103	108	113	118
UK	8	10	12	14	16	18
US	2-4	4-6	6-8	8-10	10-12	12-14
EUROPE	36	38	40	42	44	46

Energetiks Mens Garment Size Chart - TO FIT:

	XS	S	M	L	XL
CHEST (CM) SINGLET	85	90	96	102	108
WAIST (INCHES) PANTS	28"	30"	32"	34"	36"



